ABUNDANT BORDERS

Creating a network of local food production in the Scottish Borders

visit www.abundantborders.org.uk **contact** robin@abundantborders.org.uk

Growing plants in containers

Lettuce, salad greens

- have small root systems
- plant anytime after spring
- keep well watered
- take side leaves

- chard, rocket, kale, mustards

Herbs

- 3-4 plants in a litre pot
- plant anytime after spring
- keep well watered
- harvest with sharp scissors

- basil, parsley, coriander, dill
- oregano, chives,sage

Chillies & peppers

- need full season (start in airing cupboard)
- most need a large pot
- water regularly but sparingly
- need LOTS of light and warmth
- fertilise regularly

Tomatoes

- choose a BUSH variety
- need full season so start early
- most need a large pot/growbag
- water regularly
- need LOTS of light
- fertilise regularly

Aubergines

- need full season so start early
- need a large pot/growbag
- water regularly
- need LOTS of light and warmth
- fertilise regularly

Peas

- grow in a tray for pea shoots
- need a large pot for plants
- water regularly
- fertilise regularly

Beans

- dwarf beans will grow in 20cm deep pots (max 3 plants per 5litre pot)
- like a sunny spot but can tolerate shade
- water regularly to prevent flowers dropping
- feed regularly

Any Questions?

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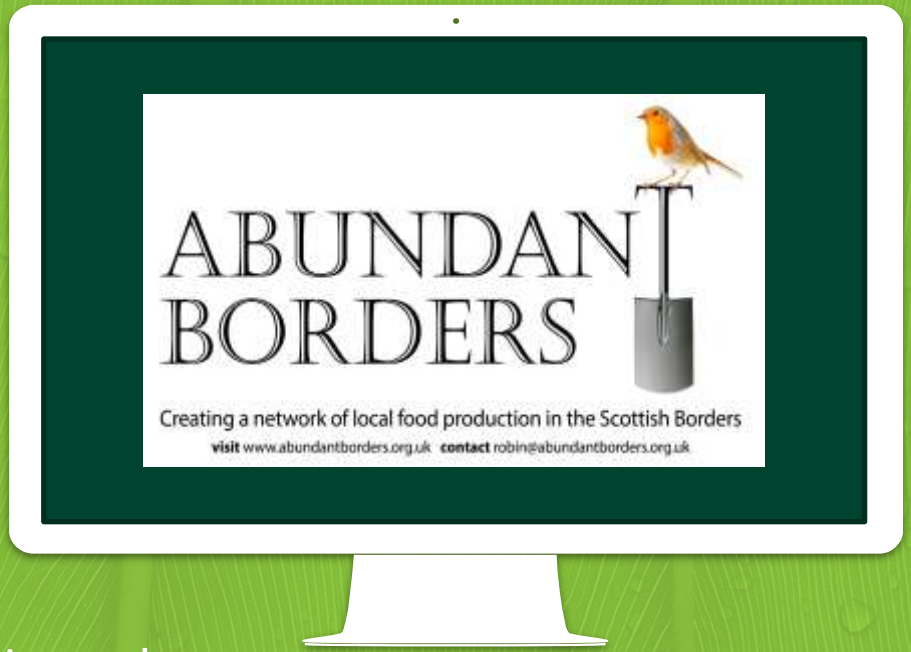

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