

HOMEMADE BURGERS

Ingredients:

- 250gm lean minced beef
- 1 onion
- 1 egg
- Salt, pepper and mustard to taste

Method:

- 1. Chop onion finely and fry in a very small amount of oil to soften
- 2. Put beef in a bowl and add in cooked onion and seasoning
- 3. Mix well with hands
- 4. Whisk egg, pour over meat and bind it together
- 5. Split mixture into two and mould each one into a burger shape
- 6. Chill for 30 minutes
- 7. Fry or grill until fully cooked through



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