



HOMEMADE BURGERS

Ingredients:

- 250gm lean minced beef
- 1 onion
- 1 egg
- Salt, pepper and mustard to taste

Method:

1. Chop onion finely and fry in a very small amount of oil to soften
2. Put beef in a bowl and add in cooked onion and seasoning
3. Mix well with hands
4. Whisk egg, pour over meat and bind it together
5. Split mixture into two and mould each one into a burger shape
6. Chill for 30 minutes
7. Fry or grill until fully cooked through

