



Ham & Egg Muffin

Ingredients:

- 2 slices of ham
- 1 egg
- For filling: cheese, tomato, pepper, onion

Method:

1. Line and grease muffin tin with oil or butter
2. Line muffin tin with ham
3. Whisk egg and add in a little salt and vinegar
4. Place into ham
5. Add in any fillings you wish: cheese, chopped tomato, pepper or onion
6. Bake at gas mark 6/200 degrees for 20 minutes until well risen

