

PLUM CRUMBLE

Ingredients:

- 4 oz self-raising flour
- 1 oz margarine
- 1 oz sugar
- Plums
- 1 spoonful sugar

Method:

- 1. Cut plums in half and remove stones
- 2. Grease bottom of oven dish and fill with plums
- 3. Sprinkle on spoonful of sugar
- 4. Rub margarine into flour and add in sugar
- 5. Cover plums with flour mixture
- 6. Bake at gas mark 5/180 degrees for 30 to 40 minutes until browned and fruit soft

Instead of plums, try it with apples and a teaspoon of cinnamon You can also add a handful of porridge oats to the crumble for texture



Abundant Borders (SC049008) web - abundantborders.org.uk & facebook.com/abundantborders contact: robin@abundantborders.org.uk