

SINGAPORE STYLE NOODLES

Ingredients:

- 1 packet of noodles (fine or medium egg noodles or rice noodles)
- 6 oz sliced vegetables (eg green beans, broccoli, peas, cauliflower, carrots)
- ½ large onion sliced
- 2/3 cloves of chopped garlic
- 1 green chilli sliced finely
- oil for stir frying
- vegetable stock cube

Method:

- 1. Soften the noodles in hot vegetable stock (made with the stock cube)
- 2. Add 1 tablespoon of oil to a frying pan (or a wok if you have one) and heat until hot (CAREFUL!)
- 3. Add the onions, chilli and garlic and stir fry for 1 min
- 4. Add the sliced vegetables, starting with harder vegetables, eg carrots
- 5. Stir continuously until vegetables cooked but still crunchy
- 6. Add noodles which by now will have absorbed the stock
- 7. Mix thoroughly and eat and enjoy

