## FRESH TOMATO and <br> BASIL PASTA

(Serves 2 people)


## Ingredients:

- 6 fresh tomatoes
- 1 large onion
- 2 tablespoon oil
- Handful of fresh basil
- 1 tablespoon tomato puree
- 160 grams pasta twists


## Method:

1. Wash the tomatoes and chop up
2. Chop the onion
3. Put a pan of water onto the heat and, when boiling, add pasta
4. Heat the oil and gently fry onion until soft
5. Add the tomato puree
6. Add in tomatoes and simmer gently
7. Add chopped basil to tomato mixture just before serving
8. Drain the pasta when cooked
9. Add sauce to pasta and mix through

Abundant Borders (SCO49008)
web - abundantborders.org.uk \& facebook.com/abundantborders contact: robin@abundantborders.org.uk

