## Community Garden <br> \title{ cook natural <br> <br> Healthy recipes

 <br> <br> Healthy recipes}
## PIZZA



## Ingredients

- $1 \frac{1}{2}$ cups self-raising flour
- 1 cup plain yoghurt
- Tomato ketchup
- Toppings of choice


## Method

1. Heat oven to 200 degrees/gas mark 6
2. Mix flour and yoghurt together in bowl
3. Turn out onto table and knead the mixture
4. Keep kneading until the mixture is smooth and not sticky and add flour if needed
5. Flatten out until mixture is thin
6. Bake for ten minutes then take out of the oven
7. Cover top with a thin layer of tomato ketchup
8. Add toppings of your choice
9. Bake for a further ten minutes

Suggested toppings: cheese, tomato, onion, peppers, ham, pineapple, pepperoni, mushrooms

