



Elderflower Cordial

Serves

Ingredients:

- 20 elderflower heads
- 2 lemons, rind and juice
- 700g granulated sugar
- water (enough to cover the flowers, ~1l)

Method:

1. Shake the flowers to ensure that there are no insects inside
2. Remove larger stalks
3. Cover flowers with water
4. Add lemon zest and bring to the boil
5. Lower the heat and simmer for 20-25 minutes
6. Strain the liquid through the dish cloth
7. Measure the amount of juice
8. Add 350g of sugar and juice of half the lemon to every 500 ml of strained liquid
9. Heat gently to dissolve the sugar
10. Pour into sterilised bottles
11. Once cooled, keep in the fridge

