



Chestnut Soup

Serves 4

Ingredients:

- 1tbsp olive oil
- 1 onion, chopped
- 1 stick of celery, chopped
- 2 carrots, chopped
- 1 pack of chestnuts (180-200g)
- 1l vegetable stock cube

Method:

1. In a pan heat 1 tablespoon of oil
2. Add onions and fry until softened
3. Add carrots, celery and chestnuts
4. Pour the stock over and simmer for about 40 minutes
5. Blend to a desired consistency

